

# TIME TABLE

## PRE PROGRAM

16:10	Tripplejump M
16:20	JavelinThrow W
16:40	400m M B-heat
16:50	Shotput M
17:00	200m W B-heat
17:10	200m M C-heat
17:20	3000m M B-heat

## MAIN PROGRAM

17:45	Invigning
18:03	3000mH W
18:05	Discus M&W
18:10	Polevault W
18:25	400m M
18:40	100mh W
18:45	Longjump W
18:55	200m W
19:02	200m M B-heat
19:10	200m M
19:20	3000m M
19:40	1000m M
19:50	1000m W

Startlistor hittar du på  
[www.goteborggp.se](http://www.goteborggp.se)